

## January 2013

Wednesday January 2 <sup>nd</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Lecture: The Male Reproductive system</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Wednesday January 9 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Lecture: The female Reproductive System</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Saturday January 12 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Lecture: The Meridian System</li> <li>• Review the Reproductive system</li> <li>• Lab: Tracing meridians</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Sunday January 13 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• DVD Donna Eden Energy Medicine Techniques</li> <li>• Lab: Practice Energy Medicine Techniques</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Wednesday January 16 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Mid Term Examination</li> <li>• Lab: Practice Energy Medicine Techniques</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Wednesday January 23 <sup>rd</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• 5 element theory</li> <li>• Lab: Meridian therapy/chakra therapy and document findings</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Saturday January 26 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• 5 element theory</li> <li>• Lab: Meridian therapy/chakra therapy and document findings</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Sunday January 27 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Grand Review</li> <li>• Lab: meridian therapy/chakra therapy and document findings</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Wednesday January 30 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Final Examination</li> <li>• Intro to Module #6</li> <li>• Intro to the Digestive System</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>

## February 2013

Wednesday February 6 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Lecture: Digestive System</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Saturday February 9 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Lecture: Digestive System</li> <li>• Lab: Intro to Body Mapping</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Sunday February 10 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Review of Digestive System</li> <li>• Body Mapping</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Wednesday January 13 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Mid Term Exam</li> <li>• Lab: Body Mapping and document findings</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Wednesday February 20 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Lecture: Dietary Wellness/Nutrition Plan</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> <li>• Create a Nutrition plan for an illness (Due 2-23-12)</li> </ul>
Saturday February 23 <sup>rd</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Lecture: Importance of Water</li> <li>• Psychological Reversal routine</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> <li>• Perform the routine on two people and document your findings (Due 2-24-12)</li> </ul>
Sunday February 24 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Review of the chakra system</li> <li>• Review of the Meridian system</li> <li>• Review of the Digestive system</li> <li>• Review of Body Mapping</li> <li>• Review Homework</li> <li>• Lab Perform routine in class</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> <li>• Perform the routine on two people and document your findings (Due 2-27-12)</li> </ul>
Wednesday February 27 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Final Examination</li> <li>• Intro to the Immune System</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>

## March 2013

Wednesday March 6 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Lecture: The Immune System</li> <li>• Lab: 7 Causes of Illness</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Saturday March 9 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Lecture: the Immune system</li> <li>• Lab: 7 Causes of Illness Routine</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> <li>• Perform the routine on two people and document your findings (Due 3-10-12)</li> </ul>
Sunday March 10 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Review Homework</li> <li>• 7 Causes of Illness routine</li> <li>• Review the Immune system</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> <li>• Perform the routine on two people and document your findings (Due 3-13-12)</li> </ul>
Wednesday March 13 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Mid-term exam</li> <li>• Review Homework</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Wednesday March 20 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Lecture: You can Heal Your Life</li> <li>• Sedona Method</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> <li>• Perform the Sedona Method on 4 people and document your findings (Due 3-27-12)</li> </ul>
Wednesday March 27 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Lecture: You Can Heal Your Life</li> <li>• Lab: Sedona Method</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> <li>• Perform the Sedona Method on two people and document your findings</li> </ul>
Saturday March 30 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Review the Immune System</li> <li>• Review the Sedona method</li> <li>• Review Notes from You can heal your life</li> <li>• Lab: Intro to the Sacred Contract</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Sunday March 31 <sup>st</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Final Exam</li> <li>• Lab: continue sacred contract and cast wheel</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> <li>• Cast the sacred contract wheel of two people and bring the charts to class for discussion (Due 4-3-12)</li> </ul>

## April 2013

Wednesday April 3 <sup>rd</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Lecture: The Urinary system</li> <li>• Lab: Review the Sacred Contracts</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Wednesday April 10 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Lecture: The Urinary system</li> <li>• Lab: Chelation</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Saturday April 13 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Review the Urinary System</li> <li>• Lab: Chelation (Document findings)</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> <li>• Perform chelation on two people and document your findings</li> </ul>
Sunday April 14 <sup>th</sup> , 2013 10-2:00pm	<ul style="list-style-type: none"> <li>• Mid-term</li> <li>• Mini Lab</li> </ul>	<ul style="list-style-type: none"> <li>• After Mid-term the students will run a mini lab performing all of the energy techniques learned thus far and documenting findings</li> <li>• Review lecture notes</li> </ul>
Wednesday April 17 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Lecture: Polarity Therapy</li> <li>• Lab: Polarity Routines</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Wednesday April 24 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Lecture: Polarity Therapy</li> <li>• Lab: Polarity Routines</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Saturday April 27 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Review the Urinary System</li> <li>• Review Chelation</li> <li>• Review Polarity</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Sunday April 28 <sup>th</sup> , 2013 10-2:00pm	<ul style="list-style-type: none"> <li>• Lecture: Reiki</li> <li>• Mini Lab</li> <li>• Final Exam</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> <li>• Student will run a lab using all of the learned techniques with documentation</li> </ul>

## May 2013

Wednesday May 1 <sup>st</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Lecture: Reiki/Hypnotherapy</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Wednesday May 8 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Lecture: Hypnotherapy/Iridology/Reflexology</li> <li>• Lab: Hypnotherapy-Energy demo</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Saturday May 11 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Holistic Equipment</li> <li>• Lab: using the equipment</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> <li>• Student s will learn how to use the Ondamed, infrared, cold laser, zapper, green laser, dowsing rods etc.</li> </ul>
Sunday May 12 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Holistic Equipment</li> <li>• Lab: using holistic equipment</li> </ul>	<ul style="list-style-type: none"> <li>• Review lecture notes</li> </ul>
Wednesday May 15 <sup>th</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Grand review of all body systems</li> </ul>	<ul style="list-style-type: none"> <li>• Review of the circulatory system</li> <li>• Digestive system</li> <li>• Reproductive system</li> <li>• Urinary system</li> <li>• Endocrine system</li> <li>• Skeletal system</li> <li>• Respiratory system</li> </ul>
Wednesday May 22 <sup>nd</sup> , 2013 7-10:30pm	<ul style="list-style-type: none"> <li>• Grand Review of all of the Modalities</li> <li>• Meridian therapy</li> <li>• 5 element theory</li> <li>• Chakra therapy</li> <li>• Crystal therapy</li> </ul>	<ul style="list-style-type: none"> <li>• Review of Chelation routine</li> <li>• 7 causes of illness routine</li> <li>• Sacred contract</li> <li>• Sedona method</li> <li>• Body Mapping</li> <li>• Iridology/Reflexology</li> <li>• Hypnotherapy</li> <li>• Equipment</li> </ul>
Saturday May 25 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Program Final Examination (Written)</li> </ul>	<ul style="list-style-type: none"> <li>• Students can leave after the exam or stay for tutoring on routine check-offs</li> </ul>
Sunday May 26 <sup>th</sup> , 2013 10am-2:00pm	<ul style="list-style-type: none"> <li>• Program Final Examination (Practical)</li> </ul> <p style="text-align: center;"><b>Congratulations you are now an Energy Medicine Practitioner</b></p>	